

Foodorama

Letter # 6: Halloween and vegan chicken

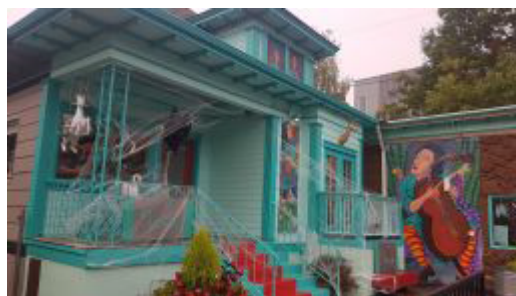


By Foodorama, November 02, 2018

We hope you had a good holiday! On our side, we took a break with the weeklong bikes as we joined Kalima's parents in Eureka. We took the opportunity to go together to San Francisco. Here are some pictures of the bikes that got into the rental car. A big challenge but we got there. We could easily accompany them for a few days.



We then joined a long-time friend, Benjamin, who was at school with Sylvain. He has just moved from New York to Palo Alto (next to San Francisco). We spent Halloween with his friends at Stanford, a major American university where he is studying journalism for a year. We were very surprised by the importance of this holiday in the USA. Since a month we cross on our way a lot of decorated houses. Here are some photos:



On October 31, we disguised ourselves (children and adults).



The youngest have done a pumpkin carving contest and have played game that involves catching an apple in water with the mouth only. Guaranteed atmosphere to animate a birthday snack. To continue in the purest American tradition, we went to do the famous "trick or treat" in the streets of the city. Most of the time children do not even need to knock on the doors of houses but find in front of each door a large basket full of candy.



It is a very upscale neighborhood (we are in the middle of the Silicone Valley), each house is outbid to be better decorated than the house next door. Even Steve Jobs, the founder of Apple, who lived here in Palo Alto on the same street as our friends, organized a big Halloween event every year. Since he passed away, his wife has continued the tradition. In front of her house, it was a real carnival: concert in the garden, labyrinth in the park in front of their home, actors and dancers disguised as zombie!!!! Atmosphere guaranteed!



The next day, we resume the work and continue our documentary on sustainable food. We are in California to make an episode about why we need to reduce our meat consumption and invent a meatless gastronomy. Thanks to Sylvain's friend, we met Mahak, an Indian engineer who has just arrived at Stanford for her studies and wants to launch her brand of chicken wings vegan. She created a recipe based on 3 flours: oats, wheat and soy. The secret of the recipe lies in the texture; it manages to perfectly imitate the texture of the chicken meat. To be honest the taste is still working but by far it looks like chicken!



We leave on the road tomorrow morning to Los Angeles to meet a great vegetarian chef. We are going along the coast. Many cliffs and climbs planned but the weather is with us (it is 77°F day) and the landscape looks great! See you soon!

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